

Bringing cycling to inner city schools: a case study



BIKE 2 BOURKE



Source: Centennial Parklands



**More cycling to school = health benefits,
less congestion, lower emissions and it's
fun!**

Source: City of Sydney Council

Travel mode	NSW students (ABS Census at School 2013) K-12	Bourke Street PS students (Hands Up survey conducted in June 2018) K-6
Walk	18.3%	40%
Cycle	2%	14%
Scoot/skateboard	1.3%	13%
Car	38.1%	26%
Public transport	40%	7%

Active travel among children: international comparisons

(Source: Jan Garrard, 2009)

Country	Distance walked per child per year (km)	Distance cycled per child per year (km)	Proportion of total distance travelled using active modes (%)
USA	123	-	0.8
UK	396	79	6.8
NZ	-	232	-
Norway	550	370	9.7
Sweden	275	424	7.4
Germany	431	518	13.8
Switzerland	773	535	14.4
Netherlands	180	2200	33.5
Melbourne	182	26	4.6

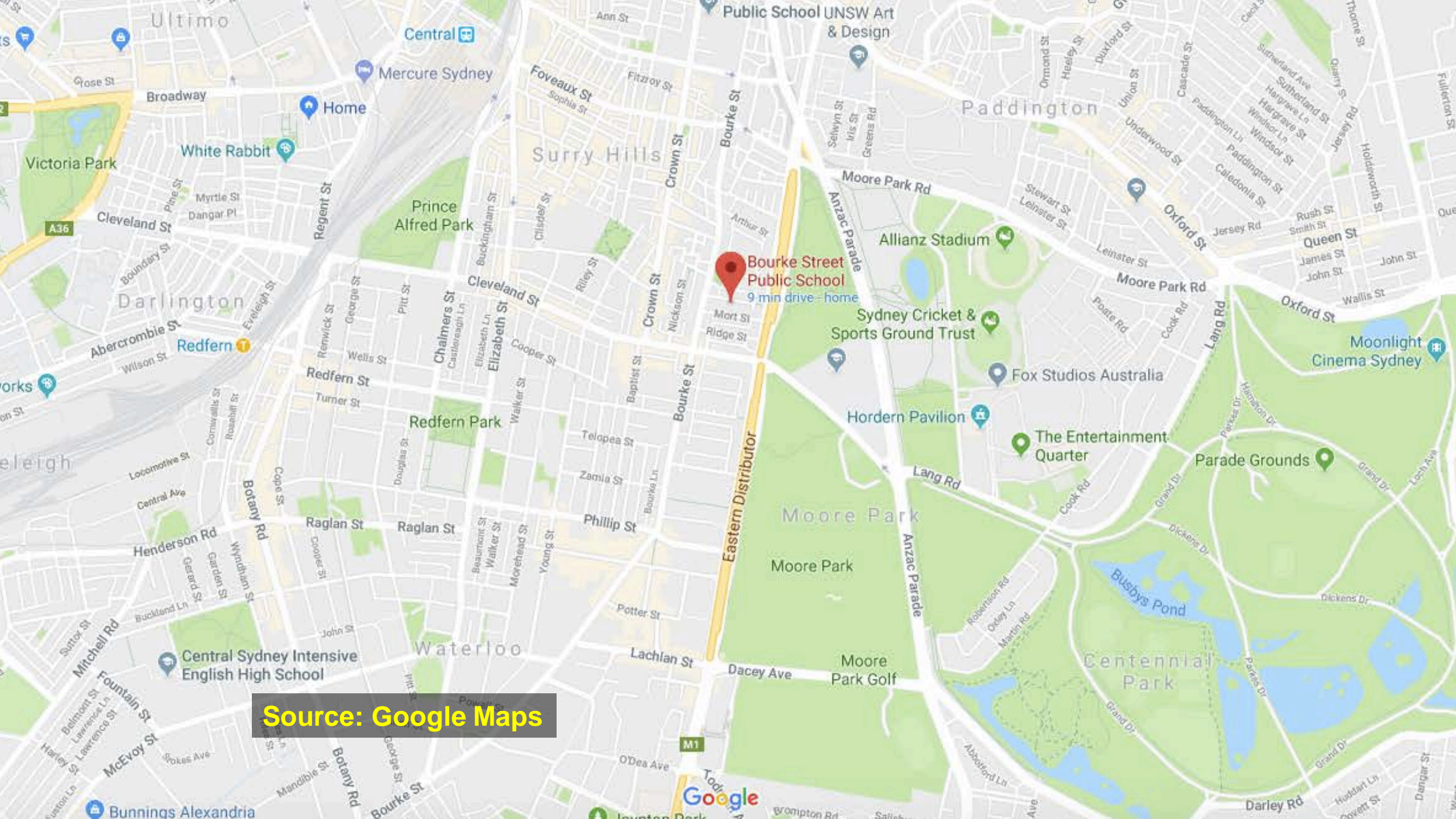


Bourke St cycle way completed in 2011, the year before my eldest son started at BSPS

Source: City of Sydney Council



Source: City of Sydney Council



Bourke Street Public School
9 min drive home


Source: Google Maps



Whole school approach: Parent/student driven and supported strongly by Principal



Unique branding – logo

A woman in a black cap and vest is smiling broadly while holding a red bag. She is standing at a long table covered with a blue tablecloth, which is laden with various breakfast items like muffins, fruit, and pastries. Other people are visible in the background, some serving themselves. The setting appears to be an outdoor event in front of a building with large windows and a grey wall. A blue location pin icon with the number '25' is visible on the wall behind her.

**Riding is incentivised:
Bike-related prizes, New
Cyclist award, healthy bike
breakfasts**



Multiple bike racks installed





Regular bike buses



**Bike Ed lessons on site and at
BikeWise**

A large group of children, mostly in blue shirts and helmets, are riding bicycles on a paved area. They are all smiling and waving their hands, indicating a festive and active event. The background shows trees and a fence, suggesting an outdoor school or community setting.

**Regular participation in annual
Ride2School Day event**

Source: City of Sydney Council





Source: City of Sydney Council



Community and parent engagement

Ideas for your school

- Apply for a community grant – a City of Sydney Matching Grant kick started this project
- Offer plenty of secure and weather proof bike parking
- Lobby for improved local infrastructure: traffic calming, separated cycleways
- Lobby for lower speed limits
- Seek out cycle-friendly community members/school staff/parents who can drive change at a school level
- Provide parents with info about cycling with kids
- Incentivise riding, through programs like Bike2Bourke
- Register your school for BikeWise's one day bike ed program at Sydney Park, or other bike ed programs in your area